



## Salad Selections

(Formal Menus Only)

\*Can be made Gluten Free

### Garden Salad (GF/Vegan)

Mesculin lettuce, tomato, cucumber, julienne onion, capsicum carrot with a light dressing on the side

### Caesar Salad\*

An all-time classic - Cos lettuce, bacon, croutons, Caesar dressing, and fresh parmesan cheese

### Spinach & Avocado (GF)

English spinach, avocado, pine nuts, red onion, roast vegetables, fetta, olives, sundried tomato and a light dressing.

### Rocket, Pear & Parmesan (GF)

Wild Rocket, thinly sliced pears, shaved parmesan cheese and freshly made blue cheese and walnut dressing.

### Pumpkin, Rocket, Beet & Fetta Salad (GF)

Roasted Pumpkin & Beetroot with Danish Fetta & Rocket served with Balsamic Dressing

### Spiced Cauliflower & Broccoli Salad (GF)

Indian spiced cauliflower & broccoli with chickpeas, currants, coriander served with a yoghurt dressing

### Spinach & Roast Vegetable (GF)

Roasted medley of sweet potato, ruby lou potato, capsicum, red onion and pumpkin, tossed through spinach leaves and bocconcini cheese.

### Roast Vegetable and Rice (GF/Vegan)

Combination of brown rice, roast vegetables, wild rocket and olives with a balsamic vinaigrette dressing on the side

### Traditional Coleslaw (GF)

Shredded cabbage, capsicum, and carrot in a creamy mayonnaise dressing.

### Homemade Potato Salad (GF)

Diced potatoes, onions, green capsicum, and parsley in a homemade mayonnaise dressing.

### Spicy Lentil Chickpea and Couscous (Vegan)

Red and brown lentils, chickpeas and couscous with sultanas, onion and herbs



### Mediterranean Farfalle Pasta (Vegan)

Bow pasta with olives, semi sundried tomato, green capsicum, carrot, red onion in a basil pesto sauce

### Zesty Mixed Bean (GF/Vegan)

Red Kidney, Chick and Baby Lima Beans with red onion, celery, carrot & capsicum in a light vinaigrette dressing

### Beetroot Delight (GF/Vegan)

Whole baby beets, diced onion in a tangy horseradish dressing

### Homemade Egg & Potato (GF)

Diced potatoes, onions, diced eggs, green capsicum and parsley in a homemade mayonnaise dressing

### Tomato Kasundi with Basmati Rice (GF/Vegan)

Basmati rice and Tomato Kasundi chutney with sultanas and herbs.

### Gourmet Greek (GF)

Tomato, cucumber, red onions, black olives and feta cheese.

### Tomato & Basil (GF/Vegan)

Tomatoes and cherry tomatoes, basil, olives, red onions and Balsamic dressing.

